

New Miami Local School District

Social/Emotional Support Services Offered

Peer Support Groups:

Peer support groups are a great resource for students who need support building social skills along with coping strategies. Within the peer support groups, the following topics are covered:

- Anger Management Techniques
- Balancing School and Personal Life
- Conflict Resolution
- Family/Parent Communication
- Goal Setting
- Healthy Coping Skills
- Healthy Relationships
- Peer & Friend Influence
- Raising Self-Acceptance Levels
- Raising Self-Esteem Levels



Individualized Support:

Sometimes students need extra support outside of an academic setting. That is why New Miami Local School District offers the following student individualized support:

- As needed (per student or family request) sessions with the Social/Emotional Learning Coordinator
 - ◊ No payment/insurance is needed
 - ◊ No diagnosis/treatment of a mental illness
 - ◊ Students can have sessions during school hours as needed
 - ◊ Students may request a session by emailing the Social/Emotional Learning Coordinator
- Individual therapy sessions with a therapist from Catalyst Counseling
 - ◊ Private pay or insurance is needed
 - ◊ Students can have scheduled sessions with their therapist during school hours
 - ◊ Parents can reach out to the Social/Emotional Learning Coordinator to refer their child into therapy

Social/Emotional Learning:

In alignment with the Ohio Department of Education's Social/Emotional Learning Standards, the following learning opportunities are available within the district:

- Once a week Social/Emotional Learning course (through Navigate Suite360): these courses last around 10-15 minutes.
- Intervention Modules: these modules serve as an intervention to negative behavior and prevent disciplinary action: these courses are assigned as needed, and last around 30 minutes each.
- Morning circles for MS/HS students: within these circles, the students and the teachers work together to promote a positive, healthy learning environment. Additionally, students take their weekly SEL course during this time.
- Once a week Social/Emotional Learning for elementary students: students within the same grade level meet in the elementary gymnasium to read a short story, take their weekly SEL course, and participate in SEL activities.
 - ◊ K-1st Grade— Every other week, the Social/Emotional Learning Coordinator reads the "My Dragon" books written by Steve Herman.
 - ◊ 2nd-3rd Grade—Ever other week, the Social/Emotional Learning Coordinator reads the "A Little Spot of Emotion" books written by Diane Alber.
 - ◊ 4th-5th Grade—Every week, the School Resource Officer trains the students in Botvin Life Skills Training.